

Types of treatments

Swedish Massage

A luxurious massage with almond oil, for muscle and stress relaxation and stimulation of blood circulation. The vigorousness of the massage is suited to the preferences of the client.

45 minutes > 250 ILS | 60 minutes > 300 ILS

Deep Tissue Massage

A massage for muscle relaxation and for release of physical and emotional tension. The massage focuses on the deep connective tissue which envelops the knotted muscles, combined with deep breaths "attuned" to these areas through the masseur's guidance.

45 minutes > 250 ILS | 60 minutes > 300 ILS

Hot Stone Massage

A treatment combining gentle direct hand-touch massage with hot stones. The treatment aids in stimulation of blood circulation and the activity of the blood vessels. It brings about the drainage of toxins from the body and heals knotted muscles.

* Minimum treatment time 60 minutes

60 minutes > 350 ILS | 75 minutes > 400 ILS

Reflexology

According to this method, originating in south-east Asia, it is possible to diagnose functional problems in the various body systems, and to match a suitable treatment to the problem, through the foot. The treatment combines pressure application and massage of the sole of the foot, improving the blood flow to body parts and relaxing muscles and release tension.

45 minutes > 250 ILS | 60 minutes > 300 ILS

Shiatsu

A massage using finger pressure along the client's energy channels (meridians) in order to bring a release from pressure. Releasing energy blocks and creating a balance between body and mind. This is a relaxing treatment on a mattress.

The client is comfortably dressed.

45 minutes > 250 ILS | 60 minutes > 300 ILS

Oil Bath

30 minutes > 150 ILS for Couple therapy